

american baby

HEALTHY PREGNANCY, HAPPY BABY

Find A
Custom Section
**Just For
You**

Following P. 44
Inside

**The New
Pregnancy
Rules** What's Safe,
What's Not

Ooh, Those Coos!

**Understand
Baby's Babbles**

**Happy 1st
Holidays!**

**22 Traditions Your
Growing Family Will Love**

**Look Outta Sight
On Date Night**
(For As Little As \$4!)

**Keep His
Skin Soft
All Winter**

{2011} december

A Special
Section
Just For
You

After page 44, you'll find a special section that you can tailor to your stage of pregnancy or mommyhood. To receive future editions customized for you, call 800-678-1208 or log on to americanbaby.com/support. Subscribing is free!

Smooth skin is
reason to smile!

36

welcome

9 | Mom Buzz How to holiday-shop now that you have a baby, and more. Plus, Tia Mowry talks about her new role as Mommy.

baby booty

17 | Baby Booty Editors' favorites

23 | Space Age Robot-inspired finds make creating a fab, futuristic nursery automatic.

24 | Holiday Cheer Seasonal cards starring your sweetie get everyone in the spirit.

all about baby

27 | Health An easier way to take your babe's temp, tricks that boost his brain power, and other stay-well tidbits

30 | Say When* Discover how your baby learns to speak, even from Day One.

36 | Protect Baby's Skin* Don't let Old Man Winter steal your tot's softness.

38 | A Tradition Is Born!* Moms share the rituals that make their season bright.

all about mom

67 | Health Snack smarter and more.

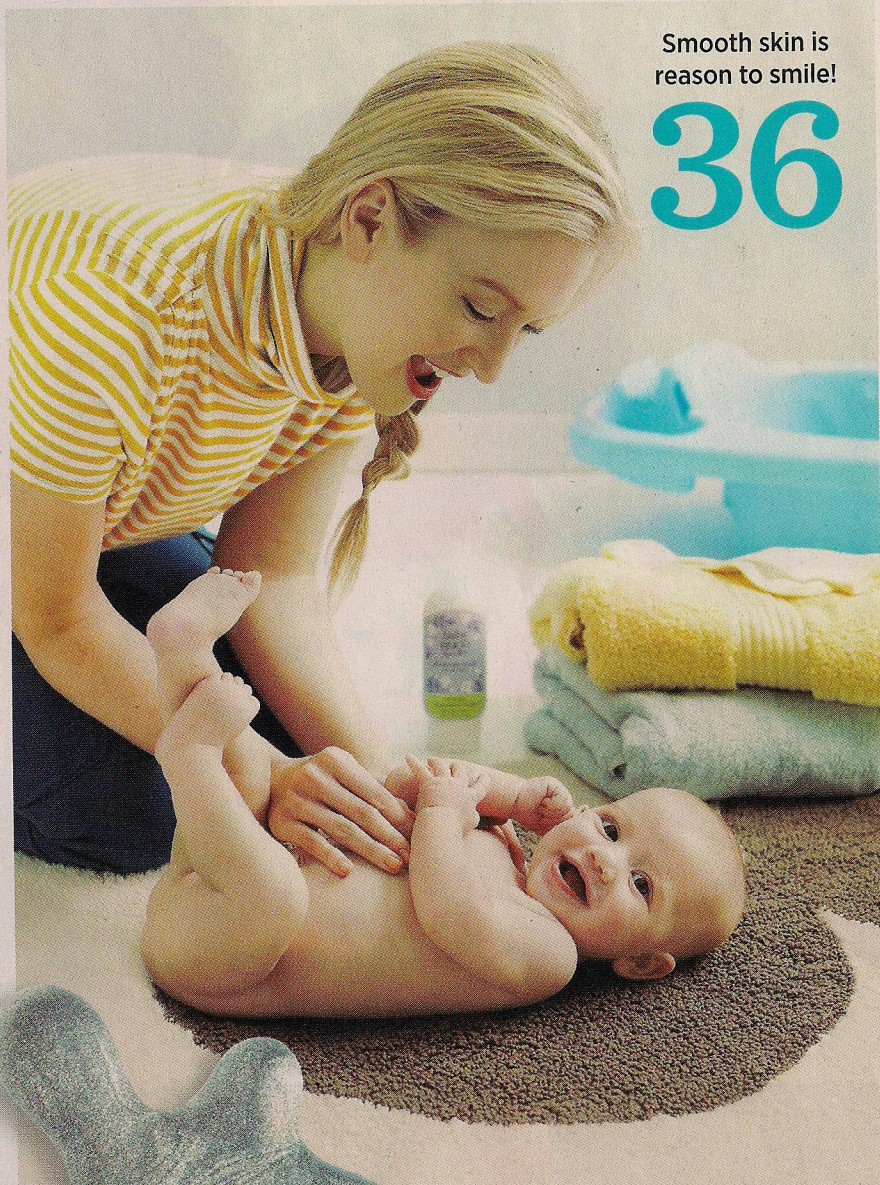
68 | Ab Rehab Put a bikini on your wish list. With this routine, you'll be rockin' it.

70 | The Do's and Don'ts of Pregnancy* Age-old wisdom isn't always wise. Updates on seven passé pieces of advice

78 | "I'll Be Ready in 10!"* Shine at every party with our get-ready guide.

82 | Advice Dodge mom-flicts.

86 | American Babies:
New York City The Big Apple is big-time fun for families.



78

Need a little
sparkle?



ON THE COVER

Photograph by
Alexandra Rowley.
Styling by Genevieve
Yraola. Grooming
by Sheri Terry for
Artists by Next.

*Cover Story

{BRIGHT LIGHTS} new york city

Their apartments may be small, but their city is enormous, and for New York City parents, life is full, Michelle Boc explains. "On rainy or snowy days, we eat at a family-friendly place, visit shops, or go to a sing-along class. On nicer days, there are picnics, concerts, and street fairs." And at the holidays? Take a look!



AB's guide to New York City
Michelle Boc, 32,
and Gavin, 12 months

♥ "Storytime runs several times a day at the famous **FAO Schwarz** toy store," Boc says. Tourists flock there, but so do locals.

“From Thanksgiving’s parade to the pretty light displays, our holiday season is magical!”



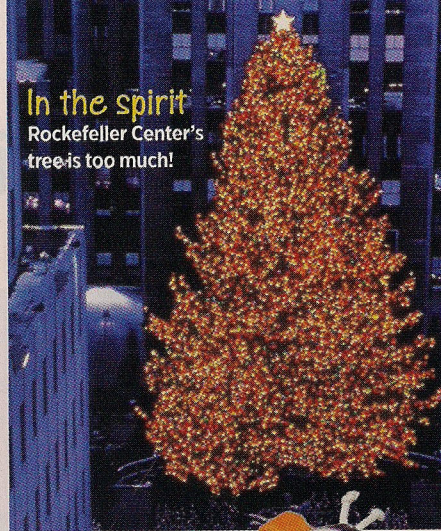
► When NYC mamas need a mid-shopping sugar kick, they hit **Magnolia Bakery**. Order their delish cupcakes at [Magnolia Bakery.com](http://MagnoliaBakery.com).



BE AMONG MOMS

Like **American Baby** on Facebook—thousands of new mommy friends await!

In the spirit
Rockefeller Center’s
tree is too much!



► Moms shop the **Giggle** boutiques for gifts such as this organic-cotton blanket and lovie (\$48; Giggle.com).



◀ "We live within walking distance of Riverside Park and **Central Park**," Boc says. "I can escape the bustle and log a few miles pushing Gavin in the stroller."

► It's easy to stay busy in the month of December, with events like the **Radio City Music Hall Christmas Spectacular**. "Other times, I check Mommy Poppins.com to find activities for our family," Boc says.



HOST COURTESY OF SUBJECT TREE; ERIC MEOLA/GETTY IMAGES; GIRAFFE: PETER ARDITO; PARK: DENIS JR. TANGNEY/GETTY IMAGES; ROCKETTES: FILMAGIC/GETTY IMAGES; CUPCAKE: COURTESY OF MAGNOLIA; FAO SCHWARZ: BLOOMBERG VIA GETTY IMAGES. © 2011 (ISSN 0044-3541). Published monthly by Meredith Corporation at 905 Third Avenue, New York, NY 10022. Periodicals postage paid at New York, NY, and at additional mailing offices. Canada Post Publications Mail Sales Product Agreement No. 40083223. Canadian BN 12345 2897 RT. Return undeliverable Canadian addresses to: American Baby, PO Box 17028, Boone, IA 50037-0028. Printed in the U.S.A.